



# Beacy House

As at August 2019

## Classes & Groups

<b>PLAYHOUSE</b>	Monday	9:00 am—10:30 am	\$2.50 per child \$3 family
<b>TONE &amp; BALANCE</b>	Monday	9:30 am—10:30 am	\$5 per session
<b>CHAIR FIT</b>	Monday	10:45 am—11:25 am	\$5 per session
<b>LETS</b>	2nd Mon Month	11:00 am—12 noon	FREE
<b>PILATES</b> (run by private business)	Monday	11:30 am—12:30 pm	\$12 per session
<b>TAI CHI</b> (run by private business)	Monday	1:45 pm—2:45 pm	From \$5 p/session
<b>CIRCUIT</b>	Tuesday	9:30 am—10:30 am	\$5 per session
<b>MORNING TEA</b>	Tuesday	10.00 am—12 noon	Gold coin
<b>Heart Foundation Walkers</b>	Tuesday	10:40 am—11:30 am	FREE
<b>PILATES</b> (private)	Tuesday	10:45 am—11:45 am	\$12 per session
<b>CARERS</b>	1st Tues Month	1:00 pm—2:30 pm	Gold Coin
<b>THE FUN STATION</b>	Tuesday (School Year)	3:00 pm—4:45 pm	FREE
<b>GIRL GUIDES</b>	Tuesday (School Year)	3:15 pm —5:00 pm	FREE
<b>TAMAR VALLEY VOICES</b>	Tuesday	7:00 pm—9:00 pm	\$3 per session
<b>PILATES</b> (private)	Wednesday	9:30 am—10:30 am	\$12 per session
<b>KNITTING/CRAFT</b>	Wednesday	10:00 am—12 noon	\$2 per session
<b>DIABETIC SUPPORT</b>	3rd Wed Month	1:30 pm—3:30 pm	Gold Coin
<b>PILATES</b> (private)	Wednesday	6:15 pm—7:30 pm	\$15 per session
<b>Heart Foundation Walkers</b>	Thursday	9:30 am—10:30 am	FREE
<b>PILATES</b> (private)	Thursday	9:30 am—10:30 am	\$12 per session
<b>SPINNING</b>	Thursday F/N	10:00 am—3:00 pm	\$2 per session
<b>FITBALL</b>	Thursday	10:45 am—11:45 am	\$7 per session
<b>SAVVY SEWING</b>	Friday	1:00 pm—3:00 pm	\$2 per session
<b>PILATES</b> (private)	Friday	9:30 am—10:30 am	\$12 per session
<b>CRYPTIC CROSSWORDS</b>	Friday	10:00 am—12 noon	\$2 per session
<b>ART GROUP</b>	Friday	10:30 am—2:30 pm	\$2 per session



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